

# NAVY SEAL FOUNDATION IMPACT FORUM 2024 AGENDA



SCAN TO VISIT  
EVENT WEBSITE

MAY 14-15, 2024 • RONALD REAGAN BUILDING AND INTERNATIONAL TRADE CENTER  
1300 PENNSYLVANIA AVE NW, WASHINGTON, D.C. 20004

## TUESDAY, MAY 14 • MORNING SESSIONS

8:00-8:55 AM REGISTRATION & CONTINUING EDUCATION CREDIT SIGN-IN

9:00AM 2024 IMPACT FORUM WELCOME  
Robin King, CEO Navy SEAL Foundation

9:10AM UNVEILING THE OPERATOR'S HEALTHSPAN: INSIGHTS AND IMPLICATIONS - MOVING FROM MALADAPTATION TO ADAPTION  
Dr. Ross Zafonte, President  
*Spaulding Rehabilitation. Earle P. and Ida S. Charlton Professor and Chair, Department of Physical Medicine and Rehabilitation, Harvard Medical School*

10:05AM EVOKING CONTEMPLATION: A TACTICAL PAUSE TO EXAMINE TODAY'S CARE LANDSCAPE  
Dr. Joe Bonvie, Senior Director of Clinical Services, Home Base

10:50 AM BREAK (15 MIN)

11:05 AM IMPACT OF REPEATED BLAST EXPOSURE ON ACTIVE-DUTY U.S. SPECIAL OPERATIONS FORCES  
Dr. Brian Edlow, Neurocritical Care Faculty and Associate Professor of Neurology, Massachusetts General Hospital and Harvard Medical School

12:00 PM PRESENTATION OF THE NAVY SEAL FOUNDATION'S SCIENTIFIC ACHIEVEMENT AWARD  
Robin King and Dr. Brian Edlow on behalf of the REBLAST team

12:05 PM LUNCH (85 MIN, ON YOUR OWN)

## AFTERNOON SESSIONS

1:30 PM SPIRITUAL DYNAMICS AND HEALTHSPAN: UNVEILING THE DRIVERS, ANCHORING THE SOUL, FORTIFYING THE ARMOUR  
Chris Shimmen, Reverend, RN, Chaplain, UK Royal Navy

2:30 PM BREAK (20 MIN)

2:50 PM CRITICAL CONVERSATIONS: PSYCHEDELICS AND A PATH TO OPERATOR CARE  
Congressman Morgan Luttrell and Dr. Fred Barrett, Director, Center for Psychedelic and Consciousness Research, Johns Hopkins University School of Medicine

4:15 PM NETWORKING OPPORTUNITY & CONTINUING EDUCATION CREDIT SIGN-OUT  
Amphitheater Lobby

## WEDNESDAY, MAY 15 • MORNING SESSIONS

8:00 - 8:55 AM CONTINUING EDUCATION CREDIT SIGN-IN

9:00AM HARNESING THE POWER OF THE BRAIN: DESIGNING A COMPETITIVE AND SUSTAINABLE ADVANTAGE FOR SPECIAL OPERATORS  
Dr. Sandi Chapman, Chief Director, Dee Wyly Distinguished Professor, Co-Leader - The Brain Health Project  
Jennifer Zientz MS, CCC/SLP, Director of Programs & Head of Clinical Services, Center for BrainHealth at The University of Texas at Dallas

10:00AM CHECK ENGINE LIGHT: USING PRACTICAL INDICATORS TO ENHANCE PERFORMANCE LONGEVITY IN OUR WARRIORS  
Rob Wilson, Human Performance Consultant  
Wilson Health and Performance Systems

10:45 AM BREAK (20 MIN)

11:05 AM COGNITIVE OPTIMIZATION: A COLLABORATIVE HUMAN PERFORMANCE APPROACH  
Dr. Tracy Heller, CMPC, BCB, Cognitive Enhancement Practitioner, KBR contractor/NSW

12:05 PM LUNCH (85 MIN, ON YOUR OWN)

## AFTERNOON SESSIONS

1:30 PM THE UNSPOKEN LANGUAGE OF INVISIBLE WOUNDS: UNRAVELING THE COMPLEXITY OF SUICIDE LOSS AND PREVENTION METHODS WITH A FOCUS ON SUICIDE LOSS AND A POST-MORTEM DIAGNOSIS OF SEVERE BRAIN INJURY  
Dr. David Rudd, ABPP, Distinguished University Professor of Psychology and President Emeritus, University of Memphis

2:30 PM BREAK (20 MIN)

2:50 PM COMMANDING CLARITY: ENHANCING THE HEALTHSPAN OF THE OPERATOR THROUGH PRECISION COMMUNICATION  
Julie Carney, Managing Director, Strategic Communications, FTI Consulting

3:45 PM BRINGING IT HOME: WARRIOR HEALTH THROUGH THE EYES OF THE OPERATOR (A JOINT FORCES PERSPECTIVE)  
Gene Mak, Former Navy SEAL, Navy SEAL Foundation Board Member  
Tobias Gutteridge, Former Special Forces Operator (Special Boat Service), Founder Bravery Limited and Author of *Never Will I Die: The Inspiring Special Forces Soldier Who Cheated Death and Learned to Live Again*

4:15 PM NETWORKING OPPORTUNITY & CONTINUING EDUCATION CREDIT SIGN-OUT  
Amphitheater Lobby