

NAVY SEAL FOUNDATION IMPACT FORUM 2024 AGENDA



SCAN TO VISIT
EVENT WEBSITE

**MAY 14-15, 2024 • RONALD REAGAN BUILDING AND INTERNATIONAL TRADE CENTER
1300 PENNSYLVANIA AVE NW, WASHINGTON, D.C. 20004**

Embark on a transformative journey with us at the Navy SEAL Foundation's Whole Warrior Health Impact Forum as we delve into the critical topic of "The Healthspan of the Operator." Through a meticulously curated agenda, we're addressing critical facets essential for the well-being of our operators. Together we will:

- Unravel insights and implications from data analysis to explore strategies for enhancing performance longevity with invaluable knowledge and actionable solutions;
- Confront pressing issues like the impact of repeated blast exposure on our Special Operations Forces and navigate the complexities of suicide loss and prevention methods, particularly severe brain injury post-mortem diagnoses;
- Shed light on spiritual dynamics and the role they play in fortifying the armor of our warriors;
- Focus on precision communication and the integration of best practices from Naval Special Warfare and other specialists to chart a path towards optimizing operator healthspan;
- Engage in critical conversations surrounding psychedelics and operator care, and harness the power of the brain to design a competitive and sustainable advantage for our special operators.

We're confident you'll leave inspired by the advancements in Whole Warrior Health, including the critical concept of the Healthspan of the Operator. Our lineup of esteemed speakers is prepared to delve into this vital topic and its implications for Naval Special Warfare operators, as well as our nation's first responders, military members, and national security personnel.

TUESDAY, MAY 14 MORNING SESSIONS

Times listed are Eastern Time

8:00-8:55 AM	REGISTRATION & CONTINUING EDUCATION CREDIT SIGN-IN Amphitheater Lobby
9:00AM	2024 IMPACT FORUM WELCOME Robin King, CEO Navy SEAL Foundation
9:10AM	UNVEILING THE OPERATOR'S HEALTHSPAN: INSIGHTS AND IMPLICATIONS - MOVING FROM MALADAPTATION TO ADAPTION Dr. Ross Zafonte, President <i>Spaulding Rehabilitation. Earle P. and Ida S. Charlton Professor and Chair, Department of Physical Medicine and Rehabilitation, Harvard Medical School</i>

10:05AM	INVOKING CONTEMPLATION: A CATALYST FOR ENHANCING OPERATOR LONGEVITY AND PERFORMANCE Dr. Joe Bonvie, <i>Senior Director of Clinical Services, Home Base</i>
10:50 AM	BREAK (15 MIN)
11:05 AM	IMPACT OF REPEATED BLAST EXPOSURE ON ACTIVE-DUTY U.S. SPECIAL OPERATIONS FORCES Dr. Brian Edlow, <i>Neurocritical Care Faculty and Associate Professor of Neurology, Massachusetts General Hospital and Harvard Medical School</i>
12:00 PM	PRESENTATION OF THE NAVY SEAL FOUNDATION'S SCIENTIFIC ACHIEVEMENT AWARD Robin King and Dr. Brian Edlow on behalf of the REBLAST team
12:05 PM	LUNCH (85 MIN, ON YOUR OWN)
AFTERNOON SESSIONS	
1:30 PM	SPIRITUAL DYNAMICS AND HEALTHSPAN: UNVEILING THE DRIVERS, ANCHORING THE SOUL, FORTIFYING THE ARMOUR Chris Shimmen, <i>Reverend, RN, Chaplain, UK Royal Navy</i>
2:30 PM	BREAK (20 MIN)
2:50 PM	CRITICAL CONVERSATIONS: PSYCHEDELICS AND A PATH TO OPERATOR CARE Congressman Morgan Luttrell and Dr. Fred Barrett, <i>Director, Center for Psychedelic and Consciousness Research, Johns Hopkins University School of Medicine</i>
4:15 PM	NETWORKING OPPORTUNITY & CONTINUING EDUCATION CREDIT SIGN-OUT Amphitheater Lobby

WEDNESDAY, MAY 15
MORNING SESSIONS

Times listed are Eastern Time

8:00 - 8:55 AM	CONTINUING EDUCATION CREDIT SIGN-IN Amphitheater Lobby
9:00AM	HARNESSING THE POWER OF THE BRAIN: DESIGNING A COMPETITIVE AND SUSTAINABLE ADVANTAGE FOR SPECIAL OPERATORS Dr. Sandi Chapman, <i>Chief Director, Dee Wily Distinguished Professor, Co-Leader - The Brain Health Project</i> Jennifer Zientz MS, CCC/SLP, <i>Director of Programs & Head of Clinical Services, Center for BrainHealth at The University of Texas at Dallas</i>

10:00AM	<p>CHECK ENGINE LIGHT: USING PRACTICAL INDICATORS TO ENHANCE PERFORMANCE LONGEVITY IN OUR WARRIORS</p> <p>Rob Wilson, <i>Human Performance Consultant</i> Wilson Health and Performance Systems</p>
10:45 AM	BREAK (20 MIN)
11:05 AM	<p>COGNITIVE OPTIMIZATION: A COLLABORATIVE HUMAN PERFORMANCE APPROACH</p> <p>Dr. Tracy Heller, CMPC, BCB, <i>Cognitive Enhancement Practitioner</i>, KBR contractor/NSW</p>
12:05 PM	LUNCH (85 MIN, ON YOUR OWN)
AFTERNOON SESSIONS	
1:30 PM	<p>THE UNSPOKEN LANGUAGE OF INVISIBLE WOUNDS: UNRAVELING THE COMPLEXITY OF SUICIDE LOSS AND PREVENTION METHODS WITH A FOCUS ON SUICIDE LOSS AND A POST-MORTEM DIAGNOSIS OF SEVERE BRAIN INJURY</p> <p>Dr. David Rudd, ABPP, <i>Distinguished University Professor of Psychology and President Emeritus</i>, University of Memphis</p>
2:30 PM	BREAK (20 MIN)
2:50 PM	<p>COMMANDING CLARITY: ENHANCING THE HEALTHSPAN OF THE OPERATOR THROUGH PRECISION COMMUNICATION</p> <p>Julie Carney, <i>Managing Director, Strategic Communications</i>, FTI Consulting</p>
3:45 PM	<p>BRINGING IT HOME: WARRIOR HEALTH THROUGH THE EYES OF THE OPERATOR (A JOINT FORCES PERSPECTIVE)</p> <p>Gene Mak, <i>Former Navy SEAL, Navy SEAL Foundation Board Member</i> Tobias Gutteridge, <i>Former Special Forces Operator (Special Boat Service)</i>, Founder Bravery Limited and Author of Never Will I Die: The Inspiring Special Forces Soldier Who Cheated Death and Learned to Live Again</p>
4:15 PM	<p>NETWORKING OPPORTUNITY & CONTINUING EDUCATION CREDIT SIGN-OUT</p> <p>Amphitheater Lobby</p>



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